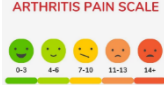


March 2026 MaineStreamer's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30-11:30 Senior Aerobics 2:45-3:45 Balance Class 6:00 - 7:30 Yoga	2 12:00-1:00 Chair Yoga	3 10:30-11:30 – Health Program Taking the Pain out of Arthritis  11:15 - 12:15 Senior Aerobics	4 10:15- 11:15 Zumba Gold 12:30-2:30 Bingo  Day Trip Union Club 8:45-3:00 	5 10:15-11:15 Zumba Gold 12:00-3:00 St. Patrick's Day Luncheon 	6 2:00-3:00 Informative (Town Hall) Dead Air: The Night Orson Wells Terrified America Presenter: William Hazelgrove 	7
8 10:30-11:30 Senior Aerobics 2:45-3:45 Balance Class 6:00-7:30 Yoga	9 11:15-12:15 Senior Aerobics Day Trip Dear Evan Hansen 10:15-5:45 	10 10:15-11:15 Zumba Gold	11 12:00-3:00 St. Patrick's Day Luncheon 	12 2:00-3:00 Informative (Town Hall) Dead Air: The Night Orson Wells Terrified America Presenter: William Hazelgrove 	13 2:00-3:00 Informative (Town Hall) Dead Air: The Night Orson Wells Terrified America Presenter: William Hazelgrove 	14
15 10:30-11:30 Senior Aerobics 2:45-3:45 Balance Class 6:00-7:30 Yoga	16 12:00-1:00 Chair Yoga	17 11:15-12:15 Senior Aerobics	18 Day Trip The Play that Goes Wrong 11:30-5:00 	19 2:00-3:00 Informative (Town Hall) Dead Air: The Night Orson Wells Terrified America Presenter: William Hazelgrove 	20 2:00-3:00 Informative (Town Hall) Dead Air: The Night Orson Wells Terrified America Presenter: William Hazelgrove 	21
22 1:00-3:00 Day at the Races  2:45-3:45 Balance Class 6:00-7:30 Yoga	23 5:00-6:30 Twilight Dining Peggy Kinnane's 	24 Day Trip American Place Casino 9:30-4:00 	25 Day Trip American Place Casino 9:30-4:00 	26 Day Trip American Place Casino 9:30-4:00 	27 Day Trip American Place Casino 9:30-4:00 	28
29 10:30-11:30 Senior Aerobics 2:45-3:45 Balance Class 2:00-3:00 Computer Workshop  6:00-7:30 Yoga	30 12:00-1:00 Chair Yoga 2:30-4:30 Monthly Movie "The Life of Chuck" 	31 12:00-1:00 Chair Yoga 2:30-4:30 Monthly Movie "The Life of Chuck" 				